



**POPULATION  
HEALTH TRUST**  
ADVISORY COMMITTEE

**Board of Health**  
Ron Wesen, Chair  
Lisa Janicki, Commissioner  
Kenneth Dahlstedt, Commissioner

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**PHT Membership Meeting**  
**Thursday September 6, 2018 from 8:30am-10:30am**  
**Skagit Transit Community Room**

**Members:** Bill Henkel, Carol Hawk, Claudia Marken, Colleen Pacheco, Debra Lancaster, Don McDermott, Howard Leibrand, Jennifer Sass-Walton, John Sternlicht, Kari Ranten, Ken Lawson, Kevin Murphy, Liz McNett Crowl, Margaret Rojas, Mary McGoffin, Maureen Pettitt, Phil Brockman & Sonia Garza

**Staff:** Kristen Ekstran, David Jefferson, Lea Hamner, Dawn Koenig and Mel Pedrosa

**Regrets:** Barbara Juarez, Cheryl Rasar, Chris Johnston, Connie Davis, Diane Smith, Jennifer Johnson, Joanne Lynn, Liz Lovelett, Mary Ellen Lykins, Michael Sharp, Randy Elde, Scott Hale, Stacy Phelps & Stephanie Morgareidge

- **Welcome, agenda review, approve previous notes**
- **Recognitions**
  - ✓ Phil recognized Liz Jenkins, a Sedro-Woolley teacher who rode her bike from Maine to Anacortes for Cutting Hunger on Weekends (CHOW), a program which aims to provide weekend food relief to students whose families need some extra help. Jenkins chronicled the entire trip on her blog [beautiful exhaustion blog.wordpress.com](http://beautiful exhaustion blog.wordpress.com)
  - ✓ Project Homeless Connect had another success events in August, serving 450 households
  - ✓ NW Hearts United is facilitating a Trauma Stewardship Training for service providers, teachers, and those supporting trauma recovery on Thursday October 11<sup>th</sup> from 3:30pm-6:30pm. For more info: <https://www.nwheartsunited.org/services>
  - ✓ 2018 Bicycle and Pedestrian Counts happening soon. WSDOT works with local jurisdiction to get pedestrian and cyclist's census. This data is collected over a 3 day period from September 25-27. Local planning professionals use the data for public planning 09/25-27. For more info: <http://wsdot.wa.gov/travel/commute-choices/bike/count>
  - ✓ Howard shared Ideal Option is starting a new program, in collaboration with Consistent Care, for patients who present at the Emergency Departments. Patient who begin MAT upon discharge will receive transportation, cell phone, and an appointment at the local Ideal Option clinic within 12-24 hours as needed
  - ✓ David shared that Opioid data worked on through a grant from the Department of Health will be submitted shortly
- **Housing White Paper**

David and Kristen shared the final printed White Paper for Housing, and asked for additional speakers. John Sternlicht, Bill Henkel committed to speak, in addition to Liz Lovelett.

David asked the group to deliberate and share how the members will use the Housing White Paper in their service sector.

#### Comments

- Bill shared that Community Action will be publishing a column in the Skagit Valley Herald and social media on the lack of housing and health with the aim to bring people together
- Mo shared that she forwarded the Housing White Paper to a colleague who promotes housing policy.
- Mary Ellen shared that Head Start will include this information in the next planning year to address the housing and early learning
- Liz suggested someone write an op-ed piece for the SVH as a way to share with the community, post adoption
- Colleen shared that this report is a great tool and a good way to communicate with the legislators and potential candidates to address the housing issue
- Kevin shared the way the membership could advocate for the Housing Action Report is to continue to keep housing at the forefront of the conversation in the community, local governments, schools, employers, etc. Be need-specific with constituents and organizations frequently and repetitively
- Mary shared what is important is money. You need money to push change. She suggested we take this to Skagit Builders and ask what their barriers are to facilitate construction, as well as bring them to the table to address this issue
- Mo shared that we don't have an established action plan by PHT, how do we keep accountability and movement assessed
- Colleen shared this is a great opportunity for the PHT to be involved

These suggestions will be added to the Steering Committee agenda for deliberation and the group will bring specific suggestions to the next PHT meeting.

- **PHT Resolutions**

Tuesday September 11<sup>th</sup>, 2018 10:00-11:30 PHT will present to the Board of Health on the Housing White Paper and the First 1,000 Days Action Plan, all members are invited to attend.

- **Dr. Jones Presentation opportunities**

David again presented this opportunity for Dr. Jones to speak to community members, no members accepted. The Steering Committee will deliberate and determine any opportunities that could be an option.

- **Health Equity**

The next meeting is scheduled for Thursday September 13<sup>th</sup> at 12:00pm, located at the Skagit County Commissioner's Building-Copper Room

- **Board of Health Relations**

David shared that Jennifer has met with the BOH regarding a change in the board of health structure, proposing 4 elected members and 2 community members. More to come

- **Fiscal Requests**

A few members have committed pledges for the 2019 fiscal year. (Operating budget \$60,000). David will resend the request to the membership.

- **Upcoming events**

- ✓ The Solution to Addiction Symposium is scheduled for September 26<sup>th</sup> at 4:00pm
- ✓ November 1<sup>st</sup> PHT Retreat at Padilla Bay from 8:30am-2:00pm

- **Next Steps**

David gave a review of the 3 indicator workgroups completed and shared the items that the membership has on the docket, such as: Equity Planning, InsightVision, re-assessment in 2020, developing a communication plan, and activating another focus area. David asked for deliberation and feedback on moving forward.

Suggestions/Comments

- Capacity building - it seems the Assessment team is needing to grow but lack of funding restricts that
- Grant writing
- Outcome measures, how can we educate others on this?
- We have plans and strategies, but we aren't the do-ers. We are the advocates. Seems that Public health would be the arm to educate and incorporate the providers and constituents who do the work.
- Mary shared that the membership should reach out to 5 people/constituents/stakeholders to expand the network

The Steering Committee will continue this discussion and bring a follow-up to the next PHT Membership meeting in October.